



Beyond skills mindset

What's *really* driving your results?

SCAN HERE



**Hayley Mitchell Founder and Behaviour Change
Consultant**





“I know what to do... So why aren't I doing it?”



"10/10 was a fun and engaging couple of days"

"9/10 would highly recommend to anyone looking to learn how to have a difficult conversation"

"9/10 Would have preferred a meat option at lunch."

**You're thoughts are
not facts.**



*This typo is on purpose - please leave in

11 million bits per second



40



99.99999999999999%



Conscious



Human Operating System



Brain = Hardware

Skills = software/apps

**Human OS = Beliefs &
Nervous System**

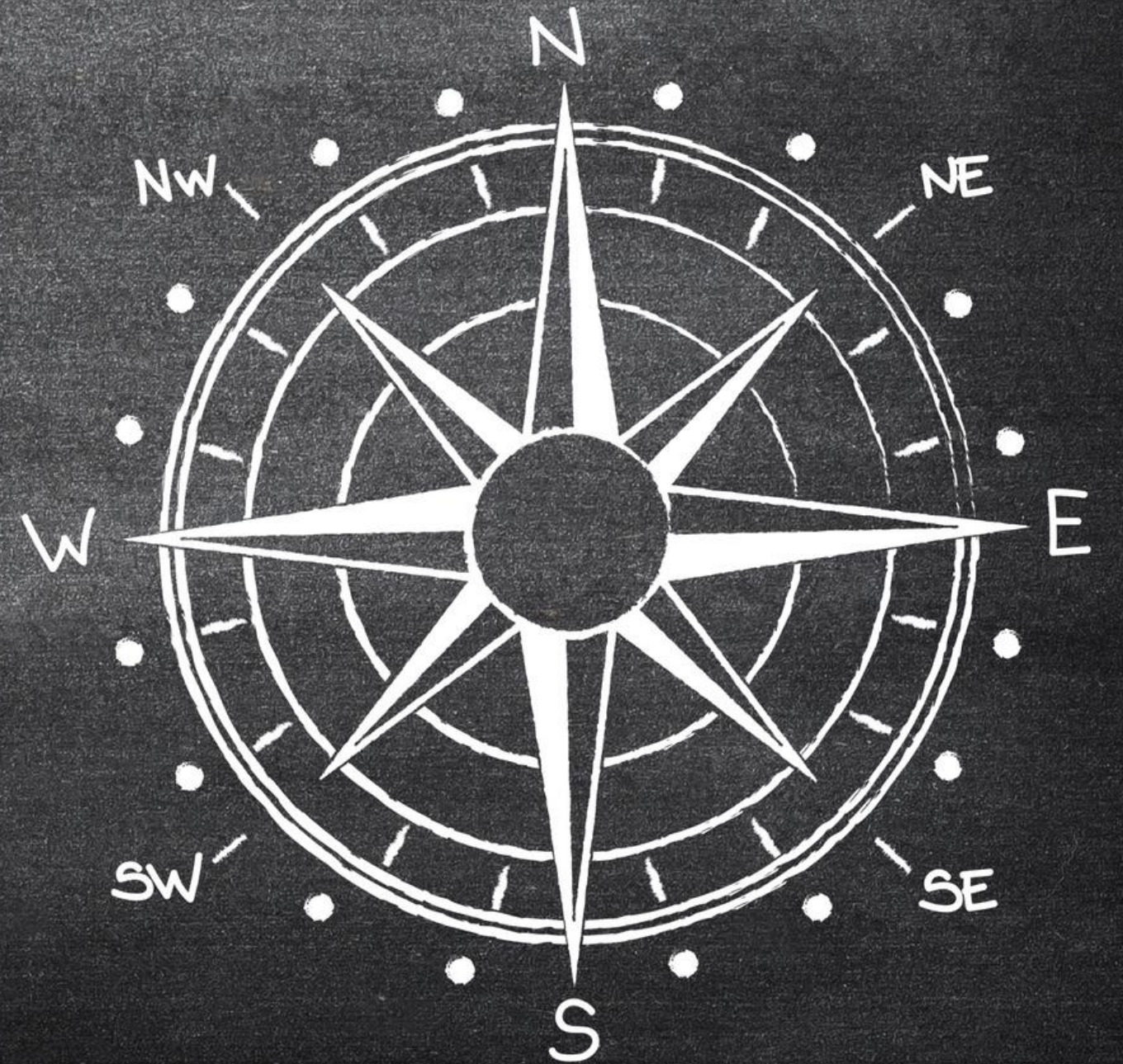


Training was never the problem



What's your "Do the Bart Man" moment?

Human Compass Demo



What do you (subconsciously) believe?



If I make a mistake, people could lose trust in me

I need certainty before I can act

I'm only valuable when I'm achieving

I can't let people down

I must stay in control

If I rest, I'll lose momentum

I am behind

More success means more pressure

I'm not good enough



FROM → TO

- **procrastination → action**
- **overthinking → clarity**
- **pressure → peace**
- **self-doubt → self-trust**
- **survival mode → intentional performance**

**“Until you make the unconscious conscious,
it will direct your life and you will call it fate.”**

Carl Jung

Free personalised Belief Discovery 121

(Available for today only)

- **45 mins**
- **Personalised to your goal**
- **Discover the belief behind your procrastination/avoidance**
- **Leave with practical reprogramming tools and clear next steps**



HUMANEDGE
DEVELOPMENT

Who's ready for the deeper work?